

Helping Hands for Healthy Babies

Helping Hands for Healthy Babies is a HMHB of Broward program designed to provide the youth of Broward County with an opportunity to earn community service hours, while gaining hands-on experience. It is a great way to build group spirit, discover the value of teamwork & partnership, while teaching students compassion and the significance of making a difference in the lives of others.



Youth involved will earn service hours for the project, by learning the value of giving back to the community while having fun!

Fundraising Ideas



- Bake Sale
- Car Wash or Pet Wash
- Diaper Drive
- Dollar a Day
- Give it Up
- Movie Under the Stars
- Parking for Sale
- Penny Challenge

Your opportunities are limitless. Visit our website at www.hmhbroward.org for more details! Youth can develop their own fundraising ideas or use some of our suggestions. We encourage any creative ideas you may create, so feel free to contact us to discuss your fundraiser.



So What now?

The Group will be responsible for forming a committee, developing the fundraising idea and executing the project!

steps to manage a fundraiser

1. form a committee
2. choose a fundraiser activity
3. establish duties for each member of the committee
4. set a goal for the fundraiser
5. submit application to hmhb of broward for approval
6. have fun carrying out the project

When fundraising for Healthy Mothers, Healthy Babies of Broward, you are representing us so we ask you to comply with our fundraising rules and be guided by our principles in all that you do.

For More Information
and Ideas contact:

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Who We Are

Healthy Mothers, Healthy Babies of Broward County, Inc. is a non-profit organization dedicated to reducing infant deaths by providing resources and education to pregnant women, parents and their families.

95% of every dollar received by HMHB of Broward goes to Programs

For more than 20 years, HMHB of Broward has helped babies begin life healthy with programs impacting maternal depression, child abuse, infant mortality prevention, women's wellness, and teen pregnancy just to name a few.

Our agency currently serves more than 5,000 low-income, culturally diverse pregnant and parenting families with children ages 0-3, providing them with access to health care and health education.



Making a Difference

Your contribution can do so much!

\$50

Buy books for five mothers to read to their babies.

\$100

Prevent abuse by paying for two hours of educational counseling for maternal depression.

\$200

Provide medication for three pregnant women.

\$500

Buy nursery supplies for ten babies.

\$1,000

Feed ten babies and mothers for a week.

\$2,500

Purchases 30 Pack & Play Graco Cribs for babies to have a safe place to sleep

\$5,000

Assists 50 pregnant women/teens with early prenatal care

Healthy Mothers, Healthy Babies
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Helping Hands for Healthy Babies



a youth service program
in support of



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